

Beyond the Mind: Techniques to Awaken Your Inner Truth

1:00 - 4:30 pm

Welcome: *Body/Mind/Soul: Who Am I Really?*

Bill Elberty

Chanting HU: *Exploring the Sound of Soul*

Amanda Amend

Break - 15 minutes

Workshop with Bill Elberty:

The Stillness of Our Spiritual Reflection

"Hold all and wait. The questions that are in one's mind will be worked out eventually without a word from the Master. The light becomes stronger and the darkness vanishes in the reorganization of the Inner man and his thinking processes and habits."

- Shariyat-Ki-Sugmad, Book 1, p. 66

Group Discussion Facilitators: Dean Easton, Fred Fuller,

Geo LeGeros, Molly Orshoff, Sibylle Saunders

Break - 10 minutes

Workshop with Mary Carroll Moore:

Seeing Through Our Inner Senses: A New Approach to Life

"The extrovertive way looks outward through the physical senses into the external world, finding there the greater experience of the divine reality. The introvertive way turns inward, with an introspective manner of seeing through the inner senses and eyes to find the greater experience of the divine reality beyond human consciousness."

- Shariyat-Ki Sugmad, Book 1, p.202

Group Discussion Facilitators: Sarah Easton, Will Goodwin,

Richard Orshoff, Linda Turner, Helena Wu

Break - 5 minutes

Creative Arts with Becca Anderson

Dialogue with Mary Carroll Moore & Bill Elberty

Another Step to Freedom: Truth Is Ours for the Asking

"Learn to go inside yourself because this is the source of all truth. There are a lot of holy temples out here, but the most sacred of all is the temple inside of you, because this is where you meet with the Holy Spirit, the Voice of God."

-Harold Klemp, Spiritual Leader of Eckankar

